



e-royalweeks

Official Bulletin of Rotary Club of Alleppey (Chartered on 25th July 1949)



President
Rtn. PHF K. Cherian



RI President
Rtn. Mark Daniel Maloney



Dist. Governor
Rtn. Shirish Kesavan



Issue No.14 (2019-20) Dated 28th September 2019



From Editor's desk

Ego and Self-Esteem

Ego and Self-Esteem are Personality traits. It may appear that the difference between Self-esteem and ego is very narrow. But really it is not. Many a times self-esteem is often mistaken as ego. Self-esteem means "I am proud of myself for what I have done" with no ego involved. It says, "I know I can do it."

Ego says, "I'm not sure I can do it, but I am going to bluff my way through it." It is boastful, bragging. It says, "Look at me," "Look at what I can do," "Look at what I have." Ego is always striving for attention. Ego has no knowledge base so it diverts attention to the self.

With a good self-esteem, you know you can do something. It is confidence, will, and knowledge. When one has self-confidence, there is no need to boast or draw attention to the self. There is no need to put someone else down in order to make "me" look good. A person with a good self-esteem does not need to "toot their own horn." Others will know what they can do by their actions. Those who are with good self-esteem are actively working to help others without looking for recognition for the self. The more we are in service to others, the less we are in service to self.

Rotarian's primary motto is "Service Above Self"; its secondary motto is "One Profits Most Who Serves Best" (until 2010 it was "They Profit Most Who Serve Best", changed in 2004 from "He Profits Most Who Serves Best"). The secondary motto becomes conditional as if only serves best, he will profit most. This implies that the Rotarians should be people with self-esteem and not egoistic. Then only they will be able to do justice to the motto of Rotary.

I call upon all Rotarians to have an introspection to realise whether he or she is egoistic or a person with self-esteem. If you feel that you are a person with low esteem please try to build your esteem by positive thinking and finding pleasure in the achievements of others. Let us not compare ourselves with others but let us compliment each other. Develop a habit of mutual respect.

The target of our DG this year is to achieve a membership of 6500 in district 3211. I wish to add a rider to that 6500 members with self-esteem to follow the motto of Rotary.



Secretary
Rtn. PHF John Kurian



Asst. Governor
Rtn. PHF V. Deepak



Bulletin Editor
Rtn. PHF M. Kumaraswamy Pillai



Jai Rotary

Rtn PHF M Kumaraswamy Pillai

We meet on Wednesdays at 7.30 pm at Revi Karunakaran Rotary Hall, Alleppey

Rotary Neelima Challenge Quiz

The next big event of the Club is Rotary Neelima Challenge Quiz.

Last year we made certain amendments to the year old Rotary Neelima Merit Evening. It all started as a brain child of our Club Historian Rtn. Tomi Eapen. RC of Alleppey, along with Neelima Women's College kicked off a joint venture in 1978 to felicitate the SSLC Toppers from each School in Alleppey Municipal area and recognize the Schools that brought outstanding performance in SSLC Examinations. A Rotary Rolling Shield was instituted. Many more Trophies and Cups were added in subsequent years. Its dimension and scope enlarged amazingly over the years. Scholarships and Cash Awards were also added. It continued as a major 'Continuing Programme' till 2017-18. We will be conducting Quiz competitions in around 16 schools of Alleppey Municipality. The winners will be invited for a final round of Quiz competitions at our Club, which will be conducted by the end of October. We will be endorsing the programme with a view to promote Environment Protection, Cleanliness and Hygiene, in view of the District Project REACH and Club theme of 'For a Clean and Green Habitat'. Rtn. Siby George, Chairman of the project, has already initiated the planning of the programme. We all know that the conduct of the programme will be safe in his efficient hands. Let us all co ordinate with Rtn. Siby George to make the prestigious programme of the Club a success.

Rtn. K. Cherian.

Minutes of the Regular meeting held on 25th September 2019

The regular meeting of the week started with invocation of God Almighty by Rtn. Prof. Gopinathan Nair. President in his address said that the dinner meeting held last week had a thin attendance mainly from the side of Anns of our Club. He said that we have to take efforts to improve the participation of family members in future events. President thanked the members Rtn. George Thomas, Rtn. R.N. Ajithkumar, Rtn. V. Deepak, Rtn. Vijayalakshmi Nair and Rtn. John Kurian for attending the event of sponsoring football team of SDV Boys High School by giving them Jerseys for the match. President said that the work of setting up a small garden in adopted ward will commence at the earliest. A letter regarding conduct of FIRE competitions which was given by Rtn. T.S. Ajithkumar was discussed in detail. Rtn. Ajith submitted his resignation from Vice President post of the Club in protest against opinion of many members to participate in the FIRE competitions. Rtn. T. Sivakumar asked why 100% PHF is not mentioned in backdrop banner. It was explained by the President that with the support of the IPP he will be able to pool the points and once it is done the same will be pasted on the banner. Rtn. George Thomas, Rtn. Tomi Eapen, Rtn. P.O. Thomas, Rtn. Kumaraswamy Pillai, Rtn. Gopinathan Nair, Rtn. Sajan Nair, Rtn. T. Sivakumar and Rtn. T. S. Ajith kumar participated in the deliberations. The host of the meeting was Rtn. Ajith Vani. Secretary proposed vote of thanks and the meeting disbursed at 8.45PM.

Rtn. John Kurian, Secretary

THE FOUR WAY TEST

of the things we think, say or do

Is it the truth ?
Is it fair to all concerned ?

Will it build goodwill and better friendship ?
Will it be beneficial to all concerned ?

Jerseys to foot ball team of SDV HSS sponsored by RC Alleppey handed over to team members



The Society has become more and more demanding and the (Rotary)Service is taken as their right, not a gratis any more

-says Rtn P O Thomas

(The following are excerpts from interview with PAG Rtn P O Thomas. He is one of the most knowledgeable Rotarians who has been many a times quoted as the walking encyclopaedia in Rotary. Enjoy reading-Editor)

1 Q. Are Clubs following RI Guide lines rigorously if not what is the scope for improving?

Answer-The clubs are not following rigorously RI guide lines which are given in the MoP (Manual of Procedure) as bye laws and the constitution updated as per latest COL and in the RCP (Rotary Code of Policy) updated by RI Board decisions from time to time.

As per MOP, the club has to have its own constitution based on the Standard Club Constitution elaborated in the MoP. Many of the clubs do not adopt club constitution which is the first step to fall in line with RI guide lines to ensure discipline and uniformity intra / inter clubs level. There are violations in the matters of club officers / board selection and formation. There are serious violations in the club financial matters too. This should be kept under checks and balances by the Governor through the concerned Assistant Governor. There should be classes at PET & ASSEMBLY to create awareness among club leaders

2. Q. Impact of Rotary in your personal life?

Answer - There have been multi positive impacts on my personal life Rotary has imparted many good things in my life such as personal discipline, humility. Rotary has improved tremendously my communication skills including as a good listener. Rotary's motto of service above self / Preach & Practice Ethics have taught me to Share my blessings with the less fortunate ones and to maintain Ethical values in family cum professional life

3. Q Rotary activities in the present day compared to the olden days?

4. Q. What are the changes needed at RI, District and Club levels?

Answers to 3 & 4- Looking at the rear mirror and driving is not pragmatic in the modern world more so in Rotary. The society has become more demanding and the Service is taken as their right and not a gratis any more. Rotary has been proactive and not reactive like in the olden days Rotary's participation in Polio eradication program confirms this transformation. Rotary's internationality with Clubs spread all over on the face of earth gives the

2019-2020

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Club IT Officer - Rtn.PHF Dijo Antony Cherian

Club Recreation - Rtn. PHF A. Balakrishnan

Club Projects - Rtn. PHF John Mathew

District Project-REACH - Rtn. PHF Thomaskutty Joseph

FIRE - Rtn. PHF T.S. Sujith

LN 4 Hand - Cont.. Project - Rtn. PHF R.N. Ajithkumar

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District Project - RISS - Rtn. PHF V.J. Francis

Asst. Governor - Rtn. PHF V. Deepak

Club Historian - Rtn. MPHf Tomi Eapen

HAPPY BIRTHDAY dear Rotarians ANNES & ANNETS September

30 Rtn.Philip Abraham

30 Ms.Arathi,

D/o Rtn.Venugopala Panicker.



opportunity to think globally and act globally or think locally and act locally while prioritising local needs. Rotary Foundation takes money from Paul (rich) to give to Peter (poor) . Technological advancement mainly in Digital field has improved communication effectiveness about service activities around globe which motivates Rotarians and improves public image of Rotary through better visibility. With digital revolution conference expenses can be reduced, more effective feed back can be obtained while prioritising the needs. Of course there is better scope for embracing the fruits of digital revolution which RI has to focus on There are negative impacts too due to commercialisation of Rotary Quest for membership has driven Rotary to be a common man's association than remaining as an elitist group which would have risked Rotary's relevance .Increased realisation that long lasting PEACE can only be through SHARING which gives Rotary much bigger spring board to jump at the deep end and come out successful provided the quality of leadership is improved with MERIT based selection eschewing mediocrity. There has to be a resurrection of 4 Way Test.

5. Q Advice to the new generation Rotarians.

Answers-The new generation is a questioning generation. What Rotary needs are the experiences of the old and the modern ideas of the young? Unfortunately younger group forms only a smaller percentage which has to be enlarged by making Rotary youth Friendly. The youth should be given a faster track growth in Rotary hierarchy or at least a place in the main stream. They can take up the role of whistle blowers to prevent mediocrity in leadership and to ensure Transparency. Since they can embrace digital revolution better and use it for the good of Rotary that should be role they can play better. The old should take extra efforts to bridge the generation gap though fellowship and camaraderie.

Engagements



Next Meeting @ 7.30 pm on 2.10.19

Host: Rtn John Mathew

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