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Krishnan Venugopal

Bulletin Editor

S Sasidharan

The four Way Test
of the things we think, say or do
☺ Is it the truth?
☺ Is it fair to all concerned?
☺ Will it build Goodwill and better friend?
☺ Will it be beneficial to all concerned?

Family Gallery



Happy Birthday		Mathew Joseph Thayyil	24.07.2015
		Dakshatha Prakash Ponnu	25.07.2015
		Elsu Cijo Alex	25.07.2015
		Sulekha Shafeeq	26.07.2015
Tobu Tomy Pulikattil	23.07.2015	Ajay Arun Babu	27.07.2015
Madhu Mohan	23.07.2015	Mini Vinod Balaji	31.07.2015

Editors Appeal: I have been entrusted this huge task of producing the weekly bulletin this year. It is a tall order to fill these pages on a weekly basis issue after issue. I seek the support of the members and their families with their contribution in words or art from to help me fill these pages. Be proactive and send the material to be published to me and I shall ensure it is done. The content can be generic and interesting to read. Jokes, puzzles etc. welcome. If you have any current topics to write about please do so and just inform me and will definitely ensure it is published on priority basis. Your co-operation and support is very much appreciated.

Contributions, suggestions can be sent to the editor: alleppeyrotaryclub@gmail.com

Royalweeks

ROTARY CLUB OF ALLEPPEY DISTRICT 3211
CHARTERED AS 7339TH CLUB ON 25.07.1949
We meet on Wednesdays at 7.00pm
at Revi Karunakaran Rotary Hall, Alleppey

Vol : 67 | Issue 3437 Since 1 August 1949 | No. 3 (2015-16)



Editorial:

The Importance of Washrooms and Our National Project

We have heard many reports in the news media about the unavailability of toilets or washrooms in most of the house hold in India. This is noticeably more in the eastern, northern and western parts of this country compared to the south where we are around. News reports flashing of a young girl committed suicide because her parents refused to build a toilet for her. This happened in Jharkhand.

When the average Indian male's insensitivity to women's basic needs change? We have been taught in our growing years the famous proverb Cleanliness is next to Godliness. Truly this did not apply to a large portion of our country and sixty eight years after independence we are still struggling with fact that it does not exist in many parts of this country. Unbelievable, but true. In our pursuit to conquer great heights and glory in this modern era we have ignored this basic requirement. True our Prime Minister has initiated this noble program - the need for washrooms and cleanliness ,it is up to us organisations to put all the effort to make this vision true and



No candle loses its light while lighting another candle.

Never stop sharing, caring and helping others, because it makes our life more meaningful.

There is nothing wrong in dreaming big and luxurious. What needs to be taken care of is not to let the NEED become GREED. Because NEEDS always can be met but GREED can never be fulfilled.

Cine Actor Ranjikanth

put an end to all the mocking our country faces in the international scene about this short coming.

Rotary's newest initiative WINS – Wash room in schools is one such step towards realising this goal. This pan India project for the first time spread over 24months, sufficient time to realise the objective. It was great to hear during the club assembly that we will adopt schools into this programme and our President's commitment to do one such venture outside the state.

The need for washrooms and or toilets is not just a matter of modesty, privacy, health and hygiene. Most urgently it is a matter of women's safety. A young woman is most vulnerable when she goes to relieve herself. Darkness while being friendly to her may not protect from other 'vultures and prying eyes' hovering around the area with negative intentions.

Continued..

RI-President



K.R. Ravindran

President



Adv. V. Deepak

District Governor



C. Luke

Assistant Governor



Prof. S.Gopinathan Nair

JOHNS UMBRELLA ALLEPPEY	THE KARAN GROUP OF COMPANIES Alleppey	duroflex ALLEPPEY	JCT HOUSEBOATS	Hotel SISIR Palace North side of Boat Jetty, Near Mini-Chal Station, Alleppey, Kerala India. Pin: 684102A. 224438. E-mail: sisorpalace@gmail.com www.sisorpalace.com
AVT PREMIUM TEA The Strongest..Consistently	Sevenseas TRADING COMPANY	VANI PRINTERS Alleppey	ARV AUTO LAND HOTEL CHITHIRA Alleppey	കൊച്ചി കുറുപ്പുവഴി കൊച്ചി, കേരളം. ഫോൺ: 2260048, 238260048
PARAMOUNT COIR MILLS Alleppey	GOODMORNING Agencies Enterprices Alleppey	THARAVAD Resorts & House Boats Alleppey	www.cocohouseboatskerala.com COCO Beach-Full Backwater Cruises 98473 250 26	Ayiroor Motors Authorized 2000cc service centre New Kerala Highway, Alleppey-1 Phone: 0477-2341238, 0477-2341239

What I do not understand a man's attitude towards this age old custom- is a woman's or wife's honour is at stake if people can see her face if her veil comes off or she moves it to do a practical errand, but it is perfectly honourable for others in the early dawn to see her exposed. Due to this barbaric attitude many girls, woman in the north and to a certain extent in the south do not relieve themselves for twelve plus hours in the day for want of these most basic amenity. Just imagine the health risk and other risk she poses on herself due to the callous attitude of male folks around her. This I believe is a gross violation of a basic right of every human being similar to the right to food and shelter unless we agree street dwelling and homelessness as a default lifestyle.

One of the things that the average Indian man, urban, rural, seems never to have learnt is how not to urinate or spit in public places. Much worse than the lack of awareness of basic hygiene, it is the insensitivity to women's need for privacy while answering the natures call. For an Indian male in this century, the need for basic education morals and manners has reached alarming proportions.

We desperately need emotional education for our men.

Rtn. PHF S Sasidharan

Point to Ponder and Take Action

While implementing initiatives such as WINS or any other community project is very heart warming and noble I would like to reinstate what I have said in club meetings before - responsibility without accountability is a bane on such noble enthusiasm. We members contribute to these projects seeing the goodness in each of them. As the saying goes, there is no value for something that is given away **FREE**.

The recipient has to be made accountable and responsible for his actions.

For each community project initiated we should have a set of volunteer members who would go and ensure the fulfilment of the initiative. It can be rotated at regular intervals so as not to hinder the regular work or commitment of the volunteer and the objective is met. Periodic unannounced inspection and routine checks and balances will ensure the success of the venture. To make a start, I suggest with, we provided cleaning materials for a year to the Government Girls School on the installation day. Will this be used in the spirit it was intended to? Did we give away too much for too long a time? We all know how a government institution runs and how its employees work.

If we do not put the checks and balances then all the resources we spend will be futile.

Profile of the RI President K.R. Ravindran

This excerpt from the July issue of The Rotarian magazine profiles the 2015-16 RI president.

Before he gives a speech, K.R. Ravindran doesn't like flowery, adulatory introductions. They make him uncomfortable. The 2015-16 Rotary president would rather keep a low profile and share the credit. If it were up to him, you probably wouldn't even be reading this article.

Negotiating Days of Tranquillity during the Sri Lankan civil war so that health workers could administer drops of polio vaccine? Although it was on his desk that the agreement landed, he says, a lot of people worked to make that happen. Rebuilding 23 tsunami-damaged schools for 14,000 children? He merely led the committee. Taking a label-printing business from a small outfit operating in a space the size of a garage to a global powerhouse in the packaging business that has helped change the value-added tea industry in his country? Well, he simply happened to be in the right place at the right time.

"I'm sometimes introduced as a self-made man," says Ravindran, a member of the Rotary Club of Colombo. "You've got to be utterly egocentric to believe you are self-made. Each one of us is made because so many people helped us become who we are."

One of the reasons I work so much for Rotary is that I have been helped by so many people, and often you never have a chance to reciprocate," he explains. "The only way you can is by helping others. When the people I help ask me, 'What can I do?' I say, 'Go and help someone else in return.'"

For Ravindran, paying it forward isn't a fad; it's a way of life. His theme for this Rotary year, Be a Gift to the World, also summarizes his personal philosophy.

Three month calender of events

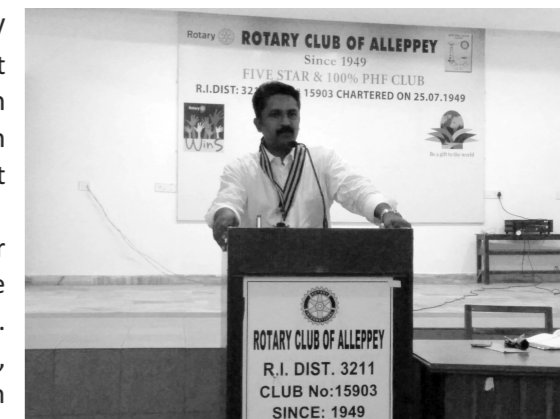
July 26, 2015 2015 District Project Seminar Hotel Prince, Alleppey.	July 29, 2015 Neelima Merit Evening Revi Karunakaran Rotary Hall, Alleppey	August 1, 2015 Charter Day Celebrations	August 16, 2015 Membership Seminar Hotel Raviz, Kollam.
September, 12 and 13, 2015 District Ryla Marian College, Kuttikanam.	September, 20, 2015 RICE (Rotarians involve cricket Entertainment) Trivandrum	September, 27, 2015 Leadership Seminar Hotel Prince, Alleppey	

Club Business

Minutes of the meeting held on 15th July 2015

The meeting was called to order by the President Rtn. Adv. V Deepak. Rtn. Tomi Eapen invoked the blessing of Almighty. President recognized presence of Rtn. Subair Shamz and Rtn. Somasundar from Rotary Club of Alleppey Central. Rtn. Subair Shamz extended invitation to our club members for their Installation Ceremony on 25th July at Pagoda Resorts.

In the presidential address, President thanked all the members for their support and active participation for the installation ceremony. He also expressed his special gratitude to all the Anns and Annets. Rtns. Tomi Eapen, KN Venugopala Panicker, Gopinathan Nair, P O Thomas, Raju Chandy and Vijayalakshmi Nair gave their observation on Installation Meeting. Everybody agreed that meeting was well organized and maintained highest order of decorum and sanctity of the events.



The President then declared the meeting as closed one and the assembly followed. The Chairmen of different avenue explained about their plans for the rotary year 2015-16.

Club Administration - Rtn. T Sivakumar, said he will be taking measures to start meetings on time ie 7.30 and improving attendance. And also he asked members to co-operate for making dinner meetings more colorful.

Membership - Rtn. Adv. Unnikrishnan, His plan for the year is to induct 4 new members, and requested proposals from members for prospects who can fit in the frame work of our club.

Public Relations - Rtn. Adv. Vidhu M Unnithan, He informed that news regarding Installation Meeting will be published in dailies at the earliest and also he will see to it that news regarding projects done by our club is circulated in every media at the earliest.

Service Projects – Rtn. Prakash Ponnu, He informed that Rotary year started with 5 members of our club donating blood at blood donation Camp organized by Zone 20. He said in cooperation with CLP leaders Vocational Service awards, Jewel of Alleppey, RYLA and Neelima Merit Evening will be conducted in befitting manner. Rotary Foundation – Rtn. Adv. B Sivadas, will maintain 100% PHF status and more no. of MPHf to be added this year. Fund raising through Amazon.com will be looked upon for viability.

District Project - Rtn. Vijayalekshmi Nair, gave a brief description on District Project WINS and clubs plan for WINS. Our club has a plan to do 6 projects in line with WINS and will be doing all the continuing projects.

Secretary Rtn. Rtn. Krishnan Venugopal thanked all the members with a special thanks to the host of the day Rtn. Adv. Babu P Joseph, then the meeting was adjourned by the President.

Rtn. PHF Krishnan Venugopal

Tea host for meeting (22/7/2015) is Rtn. Ajith Kumar. T. S.

Homemade Mayonnaise



It is easy to make.

Ingredients: - One egg - Half teaspoon of minced garlic - One tablespoon lemon juice - One teaspoon prepared yellow mustard - Three-fourth cup of vegetable or olive oil - Salt and pepper to taste

Preparation: Combine egg yolk, lemon juice, vinegar, mustard and



half teaspoon salt in a bowl. Whisk until blended and bright yellow, this takes about 30 seconds. Using one-fourth teaspoon measure and whisking constantly, add one-fourth cup of oil to yolk mixture, a few drops at a time, for about four minutes. Gradually add remaining half cup oil in very slow thin stream, whisking constantly, until mayonnaise is thick, in about eight minutes (mayonnaise will be lighter in colour). Cover and chill. Keep chilled.

For Private Circulation only.

Designed, conceived, compiled and edited by S Sasidharan. Contributions, suggestions can be sent to the editor: alleppeyrotaryclub@gmail.com

Printed by Koral Graphics, Alappuzha

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